Now, the answer to that question is going to arise out of listening to your heart, taking a closer look at the "mixed motivation" that is there, especially feeling isolated from those people and places you love and are still attached to. How much of that attachment is the healthy love of a son for his mother and brothers and sisters? How much of this attachment is selfish? Where is the work of Satan in this mix? What is the Lord, my Spouse, whispering to me – despite the turmoil that is swirling around me?

Mull over and pray over all of the above. See what "dots" you are able to connect. Your present prayer life is healthy and good. With your new challenges you are probably feeling overwhelmed. That is normal. On the feeling level you find it difficult to be in that posture you experienced as a kid. Remember when you told me that you "walked with the dog in peaceful seclusion – knowing that God was there...?"